

English Class: Responses

1. ~~I really like how you explain~~ Your explanation of Tolle's ideas ~~with~~through your own experiences, ~~this is effective and helps me to understand more~~gain new and ~~rethink about~~better perspectives on reading. ~~Also,~~ I agree with you that things ~~are just~~identification of ego, ~~and~~reflect our egos which may be why most of us cannot let ~~go of~~things go easily. ~~I think these~~ These things actually are already developed inbecome part of our ~~mind or heart~~minds and hearts, just like ~~a memory~~memories. Therefore, we should always remind ourselves that nothing is ~~necessary,~~must-have and ~~everyone~~all of us can live without ~~any~~material thing ~~belongings for~~as long as we use our heart to ~~can~~ feel our soul and ~~emotion.~~emotions through our hearts.

9. I ~~know that almost~~understand no one ~~is willing to~~ take full responsibility for our lives, ~~but at least to~~ which is exactly why we should live ~~the way~~as we wantdesire. It is interesting ~~about these two steps,~~ we all ~~know~~to note that ~~most of us understand~~ blaming and complaining are ~~not~~almost never helpful ~~at all,~~ ~~but~~yet people ~~like~~do not hesitate to use ~~it as a way~~them to express their feelings. ~~Also in most cases~~ We should realize that complaining and blaming are verbal in nature and not real actions, therefore, people are just saying it instead of doing it. Therefore, ~~people have to control our own~~ should exert more control over their thoughts.

8. ~~It is always true that~~ Almost everyone has ego ~~but~~and I don't ~~think~~believe it is a good idea to ~~remove~~fully get rid of the ego. ~~They~~ People should learn to ~~control the ego~~ better manage their egos in order to make ~~the right decision in their lives is a better way for those people.~~ I know that more effective decisions. I know some Chinese student like to buy lots of luxury things, but not all of them. It is very interesting that the example you use can clearly explain how the ego works. ~~People always make decision based on what their ego tells them to do, just like those students;~~ ~~they~~ enjoy purchasing luxury items but not all of them. I am impressed your example effectively explains how ego works. People usually make decisions, guided by their egos and just like these particular students, buy lots of luxury items to build ~~up their self-confidence~~ but people around. But their counterparts only perceive them ~~just see that they are~~ as wasting money. Different people ~~will have different viewpoints,~~ it is because ~~people living with their own ego.~~ Also, I agree ~~will have more happiness with a~~ of differences in personal egos. I agree with you that simple and less ~~competition~~competitive life leads to higher levels of happiness.

7. ~~Observing the ego in~~ Becoming aware of our ~~mind~~own egos is the first step and one of the mostmostmost important things to do ~~to live our own in one's~~ life. People ~~tend to~~often act before ~~thinking about~~carefully analyzing the ~~problems and~~ situation, ~~and the problem~~ because ~~people cannot~~they have poor control over their ego and ~~lose their mind to follow the ego which I~~ agree that ego is your ~~unconscious mind.~~ Also, ~~people always~~ egos. ~~People who are controlled by ego easily since they are only thinking~~their egos, which could also be thought of as unconscious minds, usually behave the same way ~~they used to be~~ again and again because there is little change in their thinking. With a different angle and ~~viewpoint to the same~~perspective on a given problem and situation, ~~it might be result~~people may act in a ~~totally~~ different way. Therefore, they

~~have to observe the ego and improve manner. Thus, people should learn to be aware of their egos and work on improving it.~~

4. I agree ~~that ego will~~ can never satisfy an individual because ~~people's wanting is endless. Whenever they~~ your wants are unlimited. When people achieve ~~their existing~~ goals, they ~~will~~ set up ~~other~~ new goals. ~~Whenever they get the one gets~~ things they want, there are ~~he/she wants, he/she~~ always ~~finds something new things coming out that they want~~ to set his/her eyes upon. Tolle's word is ~~ounds~~ so true to me and ~~to~~ everyone else. ~~Also, your~~ Your experience ~~le~~ has also helped me realize that letting ~~things go~~ of things is ~~much~~ better than holding on to ~~it with a suffer~~ way them because holding on only results in suffering. Sometimes, the best solution ~~seeks to be~~ seems ~~worst and horrible way to do, at first~~ but it ~~will work often works~~ out and getting better afterward well and proves itself to be the best one.

6. ~~I have the same situation with~~ Like you that, I am ~~confuse, also confused~~ confused about who I really am ~~I too~~. Before I ~~come~~ came to the US, I ~~am~~ was a little lost in my mind ~~that~~ and was convinced I ~~don't~~ didn't understand myself. ~~My habit is will change in a short time and I am worry~~ I was ~~worried~~ about my future ~~and I don't know~~ had no idea what my goal is and what ~~I am going~~ to ~~academic major~~ I may be pursuing. After ~~I came~~ coming to the US, ~~I see~~ U.S., I started experiencing more things and ~~understand~~ acquired knowledge about more professions, ~~I realize~~ all I have. All of this made me ~~realized~~ realized that what I ~~had~~ been ~~going through~~ is just the process to grow up. ~~Nowadays, experiencing until now was merely growing up~~. I am still ~~changing~~, it is hard to tell that ~~evolving~~ and I still have questions who I really am ~~I actually is~~. Moreover, I agree that that the most important ~~thing~~ thing is the relationship with your true self, by understand it and feel it, you will ~~one's own self~~. By understanding ourselves, we eventually find out ~~that~~ nothing else is more important to you ~~than our own self~~.

2. It is so true that "you need to make others wrong in order to get a stronger sense of who you are". When ~~you~~ we find out about other people's fault, ~~you will understand~~ we learn more about ~~your characteristic~~ our own characteristics and what ~~you~~ we demand through other people's ~~action~~ actions. In other words, it is always difficult to ~~see~~ recognize the ~~defect of yourself, faults in our own selves~~ but when ~~you~~ we observe other people, ~~it is clear to identify the~~ we recognize wrong ~~things~~ and get improvement are motivated to improve ourselves. Therefore, I ~~really like to observe~~ enjoy observing other people's ~~action and actions so that~~ I can ~~always~~ avoid doing the same mistakes of others made by other people.

5. ~~Under the~~ In modern ~~world society, everything keeps changing rapidly, especially~~ societies, ~~change has become a reality of life and it includes~~ technology as well. I think advertisements are ~~really powerful~~ brainwashed machines ~~tools to brainwash people~~ because most people ~~will~~ trust the ~~claims made in~~ advertisements and buy ~~their~~ the products eventually. ~~The reason why~~ One of the reasons people are misled by the advertisements is ~~they do not understand the poor understanding of the concept of~~ natural beauty, and they think these. ~~These people believe that~~ material things can help them ~~to build up their~~ develop identity and ~~position~~ status in ~~this~~ the

society. In fact, ~~I think~~ knowledge is more important than material things because ~~when you get~~ the more knowledge one has, the ~~more~~greater the treasures ~~you get~~. ~~These treasures cannot take~~ away by anyone once you already get into your mind, one has. Knowledge resides in our minds and ~~you can always~~can't be stolen and it never declines no matter how much we use them when you have different situations it.